



HUNTINGTON VILLAGE LACROSSE CLUB REGISTRATION FOR BOYS AND GIRLS SPRING LACROSSE ~ 2010

This year, **ALL** registrations will be processed through our website. Go to www.HVLAX.com. Click on the "News & Updates" tab on the left side of the page then follow the step by step instructions. The Huntington Village Lacrosse program is only available to families living in School District #3. If you are unable to register online, contact Bill Dwyer at (631) 423-3827.

Intramural League (Grades K - 2): This is an introduction to lacrosse, concentrating on learning and practicing the basic skills of the game. Both boys and girls begin after daylight savings. We generally meet 1 night a week for 8 weeks. Equipment you need: (Boys) stick, helmet, gloves, arm pads, shoulder pads, cleats, mouthpieces and athletic supporter/cup. (Girls) stick - no mesh, goggles, cleats and mouthpieces.

Boys and Girls P.A.L. Travel League (Grades 3-8): Designed for the new and experienced player. Generally, teams practice twice per week then play a game on the weekend. There are 9 games; 4 at home, 4 away, and the league festival at the end of the season. Practices begin in March. Kids in this age group participate in travel lacrosse, which means you practice regularly and play teams from other communities. Practice times are set by each coach and game times are determined by the league. Games usually take place on Sundays. 7th and 8th grade teams may practice less frequently so as not to interfere with schedules of middle school lacrosse teams.

BIRTH CERTIFICATES ARE REQUIRED!

Boys and Girls are playing in the Nassau PAL League. The Nassau league requires that we hand in a copy of each player's birth certificate or that player will not play. If the player is a returning Travel player, we have the birth certificate on file. If the player is playing travel for the 1st time, your coach will contact you in mid to late January to collect his/her birth certificate. Failure to provide a copy of the birth certificate will result in your registration being deactivated and you will not be able to participate in the Spring 2010 Season.



**ALL APPLICATIONS MUST BE COMPLETED BY DECEMBER 31ST !
REGISTER AT WWW.HVLAX.COM**

***** This club is not affiliated with Huntington Union Free School District #3 *****

The Huntington Village Lacrosse Club, Inc. is a registered Not For Profit Organization.